

S-20 &amp; 21 June, 2017 AC after Circulars.doc

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**DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY,  
AURANGABAD**



**CIRCULAR NO.SU/B.A./Model C./Honors Syllabi/20/2017**

It is hereby informed to all the concerned that, the Academic Council at its meeting held on 24-01-2017 has accepted the **“New Syllabus of B.A. Honors in the Subjects of Economics, Psychology & Sociology [Semester I to VI] under the Faculty of Humanities** for Model College, Ghansawangi Dist. Jalna as per **“Appendix-‘A’”**

This is effective from the Academic Year 2015-2016 and onwards retrospectively.

All concerned are requested to note the contents of this circular and bring the notice to the students, teachers and staff for their information and necessary action.

University Campus,  
Aurangabad-431 004.

REF.N.SU/MCHS/2017/4514-22 \*

Date:- 24-07-2017.

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*(Handwritten Signature)*  
**Deputy Registrar,  
Syllabus Section.**

**Copy forwarded with compliments to:-**

- 1] **The Principal, Model College, Ghansawangi, Dist.-Jalna, affiliated to Dr. Babasaheb Ambedkar Marathwada University.**
- 2] **The Director, University Network & Information Centre, UNIC, with a request to upload this Circular on University Website.**

**Copy to :-**

- 1] The Director, Board of Examinations & Evaluation,
- 2] **The Section Officer, [ B.A. Unit ] Examination Section,**
- 3] The Section officer, [Eligibility Section],
- 4] **The Programmer [Computer Unit-1 & 2] Examinations Section,**
- 5] The In-charge, [E-Suvidha Kendra],
- 6] The Public Relation Officer,
- 7] The Record Keeper,

**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**

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NAAC 'A' Accreditation

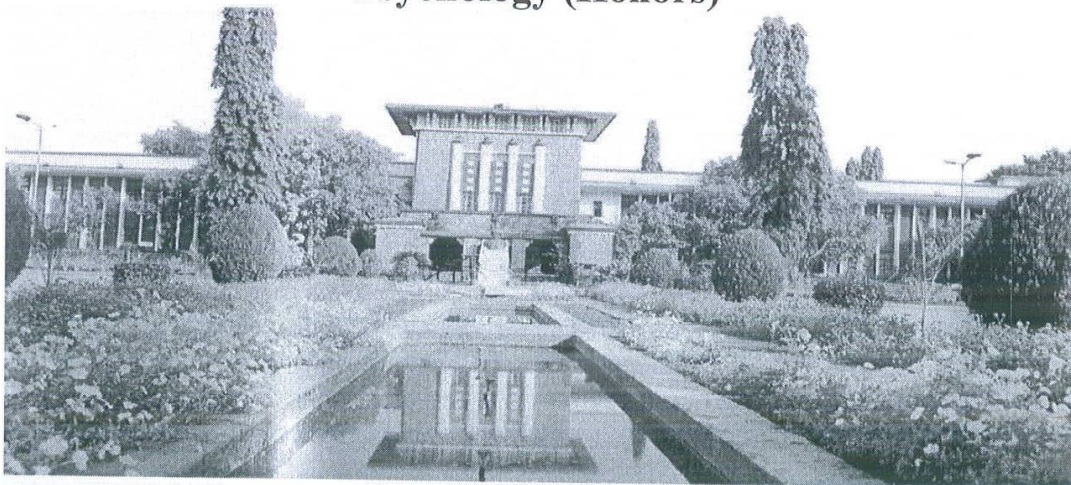
Dr. Babasaheb Ambedkar Marathwada University

Aurangabad-431004.

Model College, Ghansawangi



**SYLLABUS**  
**Bachelor Of Arts**  
**Psychology (Honors)**



**Model College, Ghansawangi.**

Tel.No. : 02483-278607, Fax: 02483-278607

**Syllabus for B.A. Psychology (Honors), with effective from 2015-16**

**DR.BABASAHEB AMBEDKAR MARATHWADA  
UNIVERSITY,  
AURANGABAD**



**SYLLABUS OF**

**Bachelor Of Arts  
Psychology (Honors)**

**FOR  
MODEL COLLEGE, GHANSAWANGI.  
DIST- JALNA.  
(MAHARASHTRA STATE)**

**(Effective from 2015-16 and onwards)**

## B. A. (Honors) in Psychology syllabus for Model College, Ghansawangi

Course structure [with effective 2015-16 onwards]

Paper	Paper Name and Code	Credit	L/week	CA	UA	Total
<b>Semester I</b>						
Language	Communication Skills in English Language L-ENG-101	04	04	40	60	100
Indian Lang.	I-MAR-101 OR I-HIN-101	04	04	40	60	100
Core	Introduction to Psychology C-PSY-101(A)	05	05	20	30	50
	Psychology of Adjustment C-PSY-101(B)	05	05	20	30	50
Supportive	Principles of Psychology I S-PSY-101	04	04	40	60	100
Applied	Application I A-PSY-101	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-101	02	02	20	30	50
	B-VOC LSC-102	02	02	20	30	50
<b>Total of Sem.-I</b>		<b>30</b>	<b>30</b>			<b>600</b>
<b>Semester II</b>						
Language	Communication Skills L-ENG-201	04	04	40	60	100
Indian Lang.	I-MAR-201 OR I-HIN-201	04	04	40	60	100
Core	Understanding Psychology C-PSY-201(A)	05	05	20	30	50
	Psychology for Living C-PSY-201(B)	05	05	20	30	50
Supportive	Principles of Psychology II S-PSY-201	04	04	40	60	100
Applied	Application II A-PSY-201	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-201	02	02	20	30	50
	B-VOC LSC-202	02	02	20	30	50
<b>Total of Sem.-II</b>		<b>30</b>	<b>30</b>			<b>600</b>
<b>Semester III</b>						
Language	Reading Literature in English -I L-ENG-301	04	04	40	60	100
Indian Lang.	I-MAR-301 OR I-HIN-301	04	04	40	60	100
Core	Introduction to Social Psychology C-PSY-301(A)	05	05	20	30	50
	Psychological Testing C-PSY-301(B)	05	05	20	30	50
Supportive	Psychology Applied to modern Life S-PSY-301	04	04	40	60	100
Applied	Applied Psychology Part I A-PSY-301	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-301	02	02	20	30	50
	B-VOC LSC-302	02	02	20	30	50
<b>Total of Sem.-III</b>		<b>30</b>	<b>30</b>			<b>600</b>
<b>Semester IV</b>						
Language	Reading Literature in English -II L-ENG-401	04	04	40	60	100
Indian Lang.	I-MAR-401 OR I-HIN-401	04	04	40	60	100
Core	Foundation of Social Psychology C-PSY-401(A)	05	05	20	30	50
	Psychological Assessment C-PSY-401(B)	05	05	20	30	50
Supportive	Fundamentals of Behavior Science S-PSY-401	04	04	40	60	100
Applied	Applied Psychology Part II A-PSY-401	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-401	02	02	20	30	50
	B-VOC LSC-402	02	02	20	30	50
<b>Total of Sem.-IV</b>		<b>30</b>	<b>30</b>			<b>600</b>
<b>Semester V</b>						
Core	Abnormal Psychology C-PSY-501.1	05	05	20	30	50
	Organizational Psychology C-PSY-501.2	05	05	20	30	50
Supportive	Developing the Life Span S-PSY-501.1	04	04	40	60	100
Applied	Counseling Psychology A-PSY-501.1	04	04	20	30	50
	Psychology of Stress A-PSY-501.2	04	04	20	30	50
Life skill Curriculum	A-JOC LSC-501	04	02	20	30	50
	B-VOC LSC502	04	02	20	30	50
<b>Total of Sem.-V</b>		<b>30</b>	<b>30</b>			<b>400</b>
<b>Semester VI</b>						
Core	Psychopathology C-PSY-601.1	05	05	20	30	50
	Organizational Behavior C-PSY-601.2	05	05	20	30	50
Supportive	Developmental Psychology S-PSY-601.1	04	04	40	60	100
Applied	Counseling Process A-PSY-601.1	04	04	20	30	50
	Health Psychology A-PSY-601.2	04	04	20	30	50
Life skill Curriculum	A-JOC LSC-601	04	02	20	30	50
	B-VOC LSC-602	04	02	20	30	50
<b>Total of Sem.-VI</b>		<b>30</b>	<b>30</b>			<b>400</b>
<b>Total of Sem.- I to VI</b>		<b>180</b>	<b>180</b>			<b>3200</b>

Paper	Paper Name and Code	Credit	L / week	C A	U A	Total
<b>Semester I</b>						
Language	Communication Skills in English Language L-ENG-101	04	04	40	60	100
Indian Lang.	I-MAR-101 OR I-HIN-101	04	04	40	60	100
Core	Introduction to Psychology C-PSY-101(A)	05	05	20	30	50
	Psychology of Adjustment C-PSY-101(B)	05	05	20	30	50
Supportive	Principles of Psychology I S-PSY-101	04	04	40	60	100
Applied	Application I A-PSY-101	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-101	02	02	20	30	50
	B-VOC LSC-102	02	02	20	30	50
<b>Total of Sem.-I</b>		<b>30</b>	<b>30</b>			<b>600</b>
<b>Semester II</b>						
Language	Communication Skills L-ENG-201	04	04	40	60	100
Indian Lang.	I-MAR-201 OR I-HIN-201	04	04	40	60	100
Core	Understanding Psychology C-PSY-201(A)	05	05	20	30	50
	Psychology for Living C-PSY-201(B)	05	05	20	30	50
Supportive	Principles of Psychology II S-PSY-201	04	04	40	60	100
Applied	Application II A-PSY-201	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-201	02	02	20	30	50
	B-VOC LSC-202	02	02	20	30	50
<b>Total of Sem.-II</b>		<b>30</b>	<b>30</b>			<b>600</b>

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

**Model College of Arts, Commerce & Science,**

Ghansawangi, Dist. Jalna

**PSYCHOLOGY**

Syllabus for B.A. I semester (with effect from 2015-2016)

**A) Major (Core A) Curriculum**

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**I (a) Introduction to Psychology**

**Credit 3**

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**1. The Science of Psychology: -**

- i. What is Psychology? -
  - a. Definition & goals
  - b. Types of psychological professionals
- ii. Historical Perspectives in Psychology
  - a. Structuralism
  - b. Functionalism
  - c. Gestalt
  - d. Psychoanalysis
- iii. Modern Perspectives in Psychology
  - a. Behavioural
  - b. Humanistic
  - c. Bio-psychosocial
  - d. Cognitive
- iv. Scientific Methods
  - a. Steps in scientific methods
  - b. Descriptive methods: Naturalistic, Observation, Case Studies
  - c. Experimental method: Laboratory experiment and field experiment

**2. Biological Foundation of Behaviour: -**

- i. Neuron: Structure and function, synapse, neurotransmitters
- ii. Central Nervous System
- iii. The Brain

- iv. Structure and function of the brain
- v. Cerebral hemispheres
- vi. The Spinal Cord: Structure and function
- vii. Autonomic Nervous System
- viii. Somatic Nervous System
- ix. Glandular system: Pituitary, Thyroid, Parathyroid, Adrenal, Pancreas, Gonads.

### **3. Sensation and Perception: -**

- i. Sensation
  - a. Definition
  - b. Sensory receptors
  - c. Sensory threshold
  - d. Subliminal perception
  - e. Habituation
  - f. Sensory adaptation
- ii. Definition of perception
- iii. Perceptual constancies: Size, shape and brightness
- iv. Gestalt principles of perception
- v. Perceptual illusion
  - a. Geometrical, movement
- vi. Application: Thinking about extra-sensory perception

### **4. Motivation and Emotion: -**

- i. Definition of motivation
  - a. Concept of homeostasis
  - b. Maslow's hierarchy of needs
- ii. Types of motives
  - a. Physiological- Hunger, thirst, sleep, sex
  - b. Social - Achievement, affiliation, power, and aggression & hostility
- iii. Frustration and Conflict
- iv. Emotion
  - A. Definition
  - B. Elements of emotion
    - a. Physiology of emotion
    - b. Behavioural expression of emotion
    - c. Subjective experience

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**I (b) Practical (any Four)**

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**Credit 2**

1. Facial expression
2. Knowledge of results
3. Colour Preference
4. Illusion
5. Figure and ground
6. AL
7. DL

**Books for Readings: -**

1. Ciccarelli, S. & Meyer, G. E. (2006). *Psychology*. New Delhi: Pearson Education.
2. Feldman, R. S. (8<sup>th</sup> ed.) (2008). *Understanding Psychology*. TMH.
3. Passer, M. W. & Smith, R. E. (2007). *Psychology: The Science of Mind and Behaviour*. New Delhi: Tata McGraw-Hill.
4. Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateways to Mind and Behaviour*. Singapore: Thomson Wadsworth.
5. Lahye, B. B. (2003). *Psychology: An Introduction*. New Delhi: Tata McGraw-Hill.
6. Smith, D. B. (1908). *Psychology: Science and Understanding*. Boston: McGraw-Hill.
7. Bernstein, D. A., Roy, E. J., Wickens, C. D. and Srull, T.K. (1988). *Psychology*. Boston: Houghton Mifflin co.
8. Pandit, Kulkarni and Gore (1999). *Samanya Manasashastra*. Nagpur: Pimpalapur Pub.
9. Bacchav, Badgujar & Shinde (2001). *Samany Manasashastra*. Nashik: Swayambhu Prakashan.

10. Inamdar, M. K., Gadekar, K. N. & Patil, A. M. (2005). *Adhunik Manasashastra*. Pune: Diamond Publication.
11. Padhye, V. S. (2004). *Manasashastra-Ek Parichay*. Aurangabad: Renuka Prakashan.
12. Abhyankar, S. , Amruta oak & Golvilkar, S. (2006). *Manasashastra*. New Delhi: Pearson Education
13. Rajamanickam, M. (2005). *Experimental Psychology: With Advanced Experiments, Vol. 1 & 2*. New Delhi: Concept Publishing Company.
14. Parameshwarn, E.G. & Rao, B. T. (1968) *Manual of Experimental Psychology*. Bombay: Lalvani Publishing House.
15. Mohsin, S. M. (1975). *Experiments in Psychology*. Orient Longman.
16. Mohanthy. *Experiments in Psychology*.
17. Tinker, M.A. & Russell, W. A. *Introduction to Methods in experimental Psychology*. Appleton – Century Crofts.

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**B) Major (Core B) Curriculum**

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**II (B) Psychology of Adjustment****Credit 3****1) Interpersonal Communication:**

- i) The Process Of Interpersonal Communication
  - (a) Components of the communication process
  - (b) Communication and adjustment
- ii) Nonverbal Communication
  - (a) General principles
  - (b) Elements of nonverbal communication
  - (c) Detecting deception
  - (d) The significance of nonverbal; communication
- iii) Communication Problems
  - (a) Communication apprehension
  - (b) Barriers to effective communication
- iv) Interpersonal Conflict
  - (a) Beliefs about conflict
  - (b) Types of conflict
  - (c) Styles of managing conflict
  - (d) Dealing constructively with conflict
  - (e) Public communication in an adversarial culture

**2) Friendship And Love: -**

- i. Perspectives On Close Relationships
  - a. The ingredients of close relationships
  - b. Culture and relationships
  - c. The internet and relationships

- ii. Initial Attraction And Relationship Development
  - a. Initial encounters
  - b. Getting acquainted
  - c. Established relationships
- iii. Friendship
  - a. What makes a good friend?
  - b. Gender differences in friendship
- iv. Romantic Love
  - a. Myths about love
  - b. Gender differences regarding love
  - c. Theories of love
  - d. The course of romantic love

**3) Marriage And Intimate Relationship: -**

- i. Challenges To The Traditional Model Of Marriage
- ii. Moving Toward Marriage
  - a. The motivation to marry
  - b. Selecting to mate
  - c. Predictors of marital success
- iii. Marital Adjustment Across The Family Life Cycle
  - a. Between families: The unattached young adult
  - b. Joining together: The newly married couple
  - c. Family with young children
  - d. Launching children into the adult world
  - e. The family in later life
- iv. Vulnerable Areas In Marital Adjustment
  - a. Gaps in role expectations

- b. Work and carrier issues
- c. Financial difficulties
- d. In2adequate communication
- v. Divorce
  - a. Increasing rate of divorce
  - b. Deciding on a divorce
  - c. Adjusting to divorce
  - d. Remarriage

**4) Careers And Work: -**

- i. Choosing A Career
  - a. Examining personal characteristics and influences
  - b. Researching job characteristics
  - c. Using psychological tests for career decisions
  - d. Taking important considerations into account
- ii. Models Of Career Choice And Development
  - a. Holland's trait measurement and matching model
  - b. Super's developmental model
  - c. Women's career development
- iii. The Changing World Of Work
  - a. Workplace trends
  - b. Education and earnings
  - c. The changing workforce
- iv. Coping With Occupational Hazards
  - a. Job stress
  - b. Sexual harassment
  - c. Unemployment

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<b>II (B) Practical</b>	<b>(any Four)</b>	<b>Credit 2</b>
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1. Adjustment Inventory
2. Multiphase Interest Inventory: - S. K. Bhava
3. Interest test
4. Vocational Interest record: -S. P. Kulshrestha
5. Optimistic Pessimistic Scale
6. Family relationship scale – Govind Tiwari
7. Marital Adjustment Questionnaire

**Books for Readings:-**

1. Weiten, W., Lloyd A. M. (2004). Psychology Applied to modern Life: Adjustment in the 21<sup>st</sup> Century. (7<sup>th</sup> Ed) Singapore: Thomson Wadsworth Pvt ltd.
2. Psychology for Living, Adjustment, Growth, and Behaviour today- By Eastwood Atwater Prentice hall of India Private Limited, New Delhi, 5<sup>th</sup> Edition-1995.
3. Coleman, J.C. Psychology and effective bahaviour, Bombay: D.B. Taraporevala Sons & Co.
4. Lazarus, R.S. Patterns of adjustment, N.D. : McGraw-Hill
5. Martin, L.G.; Osborne, G. (1989). Psychology: Adjustment and everyday living, N.J.: Prentice-Hall, Englewood Cliffs.
6. Gray, S.W. and Zide, M.R. India Edition (2008). Psychology: A competency based assessment model for social workers. Thomson Group Pole.
7. Dimatteo, M.R. and Martin, L.R. (2002). Health Psychology. N.D.: Pearson.
8. Brannon, L. and Feist, J. (2007). Introduction to health psychology. India ed. N.D.: Thomson.
9. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2<sup>nd</sup> ed. Health psychology: Theory, research and practice. N.D. : Sage Pub.

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**B ) Major (Supportive)**

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**(I) Principles of Psychology I**

**Credit 2**

**1. Developing An Assertive Communication**

- (a) The nature of assertiveness
- (b) Steps in assertiveness training

**2. Understanding Intimate Violence**

- (a) Partner abuse
- (b) Child abuse

**3. Getting Ahead In The Job Game**

- (a) Putting together a resume
- (b) Finding companies you want to work for
- (c) Landing an interview
- (d) Polishing your interview technique

**4. Building Self-Esteem**

**5. Monitoring Your Stress**

- (a) Problems with the SRRS
- (b) The life experiences survey
- (c) A Cautionary Note

**Source Book**

1. Weiten, W., Lloyd A. M. (2004). *Psychology Applied to modern Life: Adjustment in the 21<sup>st</sup> Century. (7<sup>th</sup> Ed)* Singapore: Thomson Wadsworth Pvt ltd.
2. *Psychology for Living, Adjustment, Growth, and Behaviour today-* By Eastwood Atwater Prentice hall of India Private Limited, New Delhi, 5<sup>th</sup> Edition-1995.

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**B (II) Practical**

**Credit 2**

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1. Preparing Resume
2. Observing behaviour of people in different setting (e.g. family relationship, religious beliefs coping with stressors like death, accidents etc.)

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**C) Major (Applied)**

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**Total Credit 4****C (I) Applications I****Credit 2**

1. How to enhance your academic performance
2. Being happy
3. Does Astrology work?
4. Differences between Male and Female Brains
5. Are you sleep deprived?

**Source Books:**

1. Ciccarelli, S. & Meyer, G. E. (2006). *Psychology*. New Delhi: Pearson Education.
2. Feldman, R. S. (2008). *Understanding Psychology* (8<sup>th</sup> ed.). TMH.

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**C (II) Practical**

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**Credit 2**

- Observing T.V. Programmes themes (e.g. Image of child, representation women).
- Observation of Preschool children.

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

**Model College of Arts, Commerce & Science,**

Ghansawangi, Dist. Jalna

**PSYCHOLOGY**

Syllabus for B.A. II semester (with effect from 2015-2016)

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**A) Major (Core A) Curriculum**

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**I (a) UNDERSTANDING PSYCHOLOGY**

**Credit 3**

**1. Personality: -**

- i. Definition of Personality
- ii. Theories of Personality
  - a. Freud's Psychoanalytic Theory
  - b. Allport's Theory
  - c. Cattell's Theory
  - d. The Big Five Model
- iii. Assessment of Personality (I)
  - A. Personality Inventories
    - a. 16 PF
    - b. MMPI
    - c. NEO-PI
- iv. Assessment of Personality (II)
  - A. Behavioral assessment
    - a. Observation
    - b. Rating
  - B. Projective techniques
    - a. TAT
    - b. Rorschach's Ink Blot Test
    - c. Sentence Completion Test

**2. Learning:**

- i. Definition of learning
- ii. Classical conditioning
  - a. Pavlov's experiment
  - b. Extinction
  - c. Spontaneous recovery
  - d. Generalization
  - e. Discrimination
  - f. Higher-order conditioning
- iii. Operant conditioning
  - a. Thorndike's laws of learning
  - b. Skinner's experiment
  - c. Positive reinforcer
  - d. Negative reinforcer
  - e. Schedules of reinforcement
  - f. Shaping
- iv. Cognitive learning theories
  - a. Tolman, Kolher
  - b. Observational learning theory (Bandura)

**3. Memory:**

- i. Definition and process
- ii. Types of memory
  - a. Sensory memory
  - b. Short term memory
  - c. Long term memory
- iii. Types of long term memory
  - a. Procedural
  - b. Declarative (Episodic, Semantic)
  - c. Explicit and Implicit
- iv. Forgetting:
  - a. Course of forgetting (Ebbinghaus' forgetting curve)
  - b. Cause of forgetting
  - c. Encoding failure
  - d. Decay of memory traces
  - e. Interference
  - f. Motivated forgetting

**4. Intelligence:**

- i. Definition of intelligence
- ii. Measurement of intelligence
  - a. Concept in Measurement of intelligence (C.A., M.A., IQ)
  - b. Test of Intelligence-Binet, Stanford Binet, Wechsler
- iii. Individual difference in intelligence
  - a. Mental retardation: Meaning, causes and classification
  - b. Giftedness
- iv. Theories of intelligence - Spearman, Gardner, Sternberg

**I (a) Practical****(any Four)****Credit 2**

1. Pass along test
2. 16 PF
3. Eysenck Personality inventory.
4. Habit interference
5. Letter digit substitution test
6. STM
7. Recall & recognition

**Books for Readings: -**

1. Ciccarelli, S. & Meyer, G. E. (2006). *Psychology*. New Delhi: Pearson Education.
2. Feldman, R. S. (8<sup>th</sup> ed.) (2008). *Understanding Psychology*. TMH.
3. Passer, M. W. & Smith, R. E. (2007). *Psychology: The Science of Mind and Behaviour*. New Delhi: Tata McGraw-Hill.

4. Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateways to Mind and Behaviour*. Singapore: Thomson Wadsworth.
5. Rajamanickam, M. (2005). *Experimental Psychology: With Advanced Experiments, Vol. 1 & 2*. New Delhi: Concept Publishing Company.
6. Parameshwarn, E.G. & Rao, B. T. (1968) *Manual of Experimental Psychology*. Bombay: Lalvani Publishing House.
7. Mohsin, S. M. (1975). *Experiments in Psychology*. Orient Longman.

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**Major (Core B) Curriculum**

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**II (b) PSYCHOLOGY FOR LIVING**

**Credit 3**

**1. THE SELF:**

- i. SELF – CONCEPT
  - a. The Nature Of The Self – Concept
  - b. Self-discrepancies
  - c. Factors shaping the self-concept
- ii. SELF – ESTEEM
  - a. The importance of self-esteem
  - b. Determinants of self – esteem
  - c. Ethnicity, gender, and self-esteem
- iii. BASIC PRINCIPLES OF SELF-PERCEPTION
  - a. Cognitive processes
  - b. Self-attributions
  - c. Attribution style
  - d. Motives guiding self-understanding
  - e. Methods of self-enhancement
- iv. SELF-REGULATION
  - a. Self-efficacy
  - b. Self-defeating behavior
- v. SELF-PRESENTATION
  - a. Impression management
  - b. Self-monitoring

**2. STRESS AND IT'S EFFECTS: -**

**1. THE NATURE OF STRESS**

- (a) Stress is an everyday event
- (b) Stress lies in the eye of the beholder
- (c) Stress may be embedded in the environment
- (d) Stress may be self-imposed
- (e) Stress is influenced by culture

**2. MAJOR TYPES OF STRESS**

- a) Frustration
- b) Conflict
- c) Change
- d) Pressure

3. RESPONDING TO STRESS

- a) Emotional response
- b) Physiological responses
- c) Behavioral response

4. THE POTENTIAL EFFECTS OF STRESS

- a) Impaired task performance
- b) Disruption of cognitive functioning
- c) Burnout
- d) Posttraumatic stress disorders
- e) Psychological problems and disorders
- f) Physical illness
- g) Positive effects

5. FACTORS INFLUENCING STRESS TOLERANCE

- a) Social support
- b) Hardiness
- c) Optimism and conscientiousness

**3. COPING PROCESSES: -**

1. COMMON COPING PATTERNS OF LIMITED VALUE

- a) Giving up
- b) Striking out at others
- c) Indulging yourself
- d) Blaming yourself
- e) Using defensive coping

2. THE NATURE OF CONSTRUCTIVE COPING

3. APPRAISAL-FOCUSED CONSTRUCTIVE COPING

- (f) Ellis's rational thinking
- (g) Humor as a stress reducer
- (h) Positive reinterpretation

4. PROBLEM-FOCUSED CONSTRUCTIVE COPING

- a) Using systematic problem solving

- b) Seeking help
  - c) Using time more effectively
  - d) Improving self-control
5. EMOTION-FACUSED CONSTRUCTIVE COPING]
- a. Releasing pent-up emotions
  - b. Distracting yourself
  - c. Managing hostility and forgiving others
  - d. Meditating
  - e. Using relaxation procedures

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**II (B) Practical (any Four) Credit 2**

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1. Self Confidence Inventory
2. Self Disclosure Inventory
3. Self actualization Inventory
4. Self-Esteem Inventory
5. Youth problem Inventory
6. Stress Battery
7. Perceived stressful life events inventory

**Books for Readings:-**

1. Weiten, W., Lloyd A. M. (2004). Psychology Applied to modern Life: Adjustment in the 21<sup>st</sup> Century. (7<sup>th</sup> Ed) Singapore: Thomson Wadsworth Pvt ltd.

2. Psychology for Living, Adjustment, Growth, and Behaviour today- By Eastwood Atwater Prentice hall of India Private Limited, New Delhi, 5<sup>th</sup> Edition-1995.
3. Coleman, J.C. Psychology and effective bahaviour, Bombay: D.B. Taraporevala Sons & Co.
4. Lazarus, R.S. Patterns of adjustment, N.D. : McGraw-Hill
5. Martin, L.G.; Osborne, G. (1989). Psychology: Adjustment and everyday living, N.J.: Prentice-Hall, Englewood Cliffs.
6. Gray, S.W. and Zide, M.R. India Edition (2008). Psychology: A competency based assessment model for social workers. Thomson Group Pole.
7. Dimatteo, M.R. and Martin, L.R. (2002). Health Psychology. N.D.: Pearson.

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**B) Major (Supportive) Total credit 4**

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**B (I) Principles of Psychology II Credit 2**

1. ACHIEVING SELF-CONTROL
  - a. Specifying your target behavior
  - b. Gathering baseline data
  - c. Designing your program
  - d. Executing and evaluation your program
  - e. Ending your program
  
2. UNDERSTANDING THE EFFECTS OF DRUGS
  - a. Drug-related concepts
  - b. Narcotics
  - c. Sedatives
  - d. Stimulants
  - e. Hallucinogens
  - f. Marijuana
  - g. Ecstasy (MDMA)
  
3. How Can We Resist Social Pressure To Conform?
  - a. Reactance
  - b. Asserting uniqueness
  
4. Do Groups Hinder or Assist Good Decisions?
  - a. Symptoms of groupthink
  - b. Critiquing groupthink
  - c. Preventing groupthink
  - d. Group problem solving

**Source Book**

1. Weiten, W., Lloyd A. M. (2004). Psychology Applied to modern Life: Adjustment in the 21<sup>st</sup> Century. (7<sup>th</sup> Ed) Singapore: Thomson Wadsworth Pvt ltd.
2. Myers, D.G. (2006). Social Psychology. (8th ed) New Delhi: Tata McGraw-Hill.

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**B (II) Practical**

**Credit 2**

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1. Observing the Drug aduictions in the\society, and explain your own vieves and causes, why people become addicted ? (student should submit at leas 3 cases).

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**C) Major (Applied)**

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**Total Credit 4****C (I) Applications II****Credit 2**

- 1) Increasing self efficacy through goal setting
- 2) Application of Classical and Operant Conditioning
- 3) Improving memory
- 4) How Can Aggression Be Reduced?

**Source Book**

1. Ciccarelli, S. & Meyer, G. E. (2006). Psychology. New Delhi: Pearson Education.
2. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.

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**C (II) Practical**

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**Credit 2**

1. Observation of the aggressive peoples in the social setting, explain causes and submit the report at least three people.

Paper	Paper Name and Code	Credit	L / week	C A	U A	Total
<b>Semester III</b>						
Language	Reading Literature in English –I L-ENG-301	04	04	40	60	100
Indian Lang.	I-MAR-301 OR I-HIN-301	04	04	40	60	100
Core	Introduction to Social Psychology C-PSY-301(A)	05	05	20	30	50
	Psychological Testing C-PSY-301(B)	05	05	20	30	50
Supportive	Psychology Applied to modern Life S-PSY-301	04	04	40	60	100
Applied	Applied Psychology Part I A-PSY-301	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-301	02	02	20	30	50
	B-VOC LSC-302	02	02	20	30	50
<b>Total of Sem.-III</b>		<b>30</b>	<b>30</b>			<b>600</b>
<b>Semester IV</b>						
Language	Reading Literature in English –II L-ENG-401	04	04	40	60	100
Indian Lang.	I-MAR-401 OR I-HIN-401	04	04	40	60	100
Core	Foundation of Social Psychology C-PSY-401(A)	05	05	20	30	50
	Psychological Assessment C-PSY-401(B)	05	05	20	30	50
Supportive	Fundamentals of Behavior Science S-PSY-401	04	04	40	60	100
Applied	Applied Psychology Part II A-PSY-401	04	04	40	60	100
Life skill Curriculum	A-JOC LSC-401	02	02	20	30	50
	B-VOC LSC-402	02	02	20	30	50
<b>Total of Sem.-IV</b>		<b>30</b>	<b>30</b>			<b>600</b>

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SEMESTER – III									
Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Introduction to Social Psychology	3	2	5	5	30	20	50
		b) Psychological Testing	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Psychology Applied to modern Life	2	2	4	4	60	40	100
3.	C) Major (Applied)	Applied Psychology Part I	2	2	4	4	60	40	100
Total (A+B+C)			10	8	18	18	180	120	300
SEMESTER – IV									
Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Foundation of Social Psychology	3	2	5	5	30	20	50
		b) Psychological Assessment	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Fundamentals of Behaviour Science	2	2	4	4	60	40	100
3.	C) Major (Applied)	Applied Psychology Part II	2	2	4	4	60	40	100
Total (A+B+C)			10	08	18	18	180	120	300

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**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.****Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna****PSYCHOLOGY****SYLLABUS FOR – B.A****With effective from 2015-2016****Semester – III**

Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Introduction to Social Psychology	3	2	5	5	30	20	50
		b) Psychological Testing	3	2	5	5	30	20	50
2.	B) Major (Supportive)	1 to 4	2	2	4	4	60	40	100
3.	C) Major (Applied)	Applications	2	2	4	4	60	40	100
<b>Total (A+B+C)</b>			<b>10</b>	<b>8</b>	<b>18</b>	<b>18</b>	<b>180</b>	<b>120</b>	<b>300</b>

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- 5 -

**Dr. Babasaheb Ambedkar Marathwada University,  
Aurangabad.**

**Model College of Arts, Commerce & Science, Ghansawangi,  
Dist. Jalna**

**PSYCHOLOGY**

**Syllabus for B.A. III semester (with effect from 2015-2016)**

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**A) Major (Core) Curriculum**

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**I (a) Introduction to Social Psychology** **Credit 3**

**1. Introduction to Social Psychology: -**

- i. Social Psychology: A working definition
  - a. Scientific nature
  - b. Focus on the behaviour of the individuals
  - c. Understanding causes of social behaviour and thoughts
- ii. Social Psychology in the new millennium: New Perspectives, new method
  - a. Influence of cognitive perspective
  - b. Growing emphasis on applications
  - c. Adaptation of multicultural perspective
  - d. Potential role of biological factors and evolutionary perspective
- iii. Research methods in Social Psychology
  - a. Systematic observation
  - b. Correlation
  - c. Experimental method
  - d. Interpreting results: Use of statistics
  - e. Role of theory

**2. Understanding Others Social Perception: -**

- i. Nonverbal communication: The language of gazes, gestures and expressions
  - a. Basic channels of nonverbal communication
  - b. Recognition of deception: Role of nonverbal cues
- ii. Attribution: Understanding causes of others' behaviour
  - a. Theories of attribution
  - b. Basic sources of error in attribution
  - c. Applications of attribution
- iii. Impression formation and impression management
  - a. Asc<sup>th</sup> research on central and peripheral traits
  - b. Cognitive perspective of impression formation
  - c. Other aspects of impression formation
  - d. Impression management
  - e. Accuracy of social perception

**3. Attitudes: -**

- i. Attitude formation: how and why attitudes develop?
  - a. Social learning: acquiring attitudes from others
  - b. Genetic factors
  - c. Attitude function: why we form attitudes?
- ii. The attitude – behaviour link
  - a. When do attitudes influence behaviour?
  - b. How do attitudes influence behaviour?
- iii. Art of persuasion
  - a. Early approaches
  - b. Cognitive approaches: Systematic and heuristic
- iv. When attitude change fails
  - a. Reactance
  - b. Forewarning
  - c. Selective avoidance
  - d. Active defense of our existing attitudes
  - e. Biased assimilation and attitude polarization

- v. Cognitive dissonance
  - a. What is cognitive dissonance?
  - b. Direct and indirect ways to reduce it

**4. Prejudice: -**

- i. Prejudice and discrimination: Their origin and nature
  - a. Prejudice: The face of intolerance
  - b. Prejudice: Why it persist?
  - c. Prejudice in action: Discrimination
- ii. The origin of Prejudice: Contrasting perspectives
  - a. Direct inter-group conflict: Competition as a source of prejudice
  - b. Hard economic times and violence
  - c. Lynching and atrocities against certain groups
  - d. Role of social learning
  - e. Social categorization
  - f. Cognitive sources of prejudice
  - g. Other cognitive mechanisms like illusory correlation and out-group homogeneity
- iii. Techniques for countering effects of prejudice
  - a. Breaking the cycle of prejudice
  - b. Direct inter-group contact
  - c. Re-categorization
  - d. Cognitive intervention
- iv. Prejudice based on gender: Its nature and effects
  - a. Hostile and benevolent sexism
  - b. Cognitive basis of sexism
  - c. Discrimination against females

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**I (b) Practical (any Four)**


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**Credit 2**

1. Social competence scale (SCS) – Sharma, V. P., Shukla, P., & Shukla, K.
2. Social distance scale – Dewedi, K., Bhatnager, S. & Asthana, U.
3. Machiavellianism scale (Mach IV scale) – Rai, S. N. & Chadha, N. K.
4. Comprehensive Scale of Tension: R.L. Bharadwaj.
5. Prejudice Scale: R.I. Bharadwaj & H. Sharma.
6. Social characteristics description (SCD) – Uniyal, M.P. & Shah, B.
7. Social acceptability among peers (TSAAP) – Chopra, S.L.

**Books for Readings: -**

1. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.
2. Baron, R. A. & Bryne, D. (2005). *Social Psychology*. (10<sup>th</sup> Ed) New Delhi: Prentice Hall of India.
3. Myers, D.G. (2006). *Social Psychology*. (8<sup>th</sup> ed) New Delhi: Tata McGraw-Hill,
4. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.

5. Baron R, Branscombe, N.R. & Gopa Bharadwaj (2012), *Social Psychology* (12<sup>th</sup> Ed) New Delhi: Pearson Education.
6. Golwkar S, Abhyankar S & Khair T (2012), *Samajik Manasshastra*, Narendra Prakashan, Pune.
7. Sadhna Natu, Apana Vaidya & Manasee Rajhans (2012), *Samajik Manasshastra* (12<sup>th</sup> Ed).
8. Keshav Gadhekar & Mukund Inamdar (2007), *Pragat Samajik Manasshastra*, Dimond Publicaiton Pune.
9. Singh, A. K., *Saamaajik manovidnyaan* New Delhi: Motilal Banarasidas
10. Palsane, M.N.,& Talwalkar, V.(2000) *Samajik Manasashastra* Pune: Continental Prakashan
11. Kool, V.K. & Agraval, R. (2006). *Applied Social Psychology*. New Delhi: Atlantic Publishers.

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**A) Major (Core) Curriculum**

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**II (a) PSYCHOLOGICAL TESTING****Credit 3****1) Uses And Implications Of Psychological Testing**

- i) Functions of psychological tests
- ii) Nature of a psychological test
- iii) Controlling the Use of tests
- iv) Test administration
- v) Examiner and situational variables
- vi) Effect of training on test performance
- vii) Social and ethical implication of testing
- viii) Test anxiety and rapport
- ix) Types of psychological tests

**2) Item Analysis**

- i. Item difficulty
- ii. Item discrimination
- iii. Indices of item discrimination
- iv. Item response theory
- v. Item analysis of speeded tests
- vi. Cross validation
- vii. Item-by-group interaction

**3) Reliability Of Psychological Test**

- i) Definition
- ii) The correlation coefficient

iii) Types of reliability:

- (a) Test-retest reliability
- (b) Parallel form reliability,
- (c) Split-half reliability
- (d) Inter-item consistency

iv) Scorer reliability

v) Reliability of speeded tests

vi) Factors affecting reliability coefficients

vii) Standard error of measurement

viii) Reliability of criterion-referenced tests

**4) Validity Of Psychological Tests**

i) Meaning of validity

ii) Types of validity

- (a) Content validation
- (b) Criterion-related validation
- (c) Construct validation

iii) Comparison of validation procedures

iv) Validity

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**II (b) Practical (any Four) Credit 2**

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1. Koh's block design test
2. Self Concept Scale: Rastogi.
3. Adjustment Inventory: Asthana or Palsane.
4. Introversion – Extroversion Test
5. Verbal test of intelligence
6. Pass along test
7. Adjustment Test

**Books for Readings:-**

1. Anastasi A (1997) Psychological Testing, New York: Mac Millan Co.
2. Cimnero, A.R. (1986) Hand book of Behavioural Assessment New York : John Wiley.
3. Freeman.Frank S (1971) Theory and Practice of Psychological Testing Oxford & IBH Publishing Co. New Delhi.
4. Dandekar, W.N. & Rajguru, M.S. ( ) An Introduction to Psychological testing & statistics, Seth Publication

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**B) Major (Supportive)**

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**B (I) Psychology Applied to modern Life**

**Credit 2**

1. Effective Parenting- Raising Healthy Children.
2. Wellbeing and happiness- What makes a good life?
3. Behavioural self management- A Rewarding Project.
4. Enhancing Creativity- Brain Storms.
5. Emotional Intelligence-The fine Arts of self-control.
6. Barriers and Bridges- Understanding shyness.

**Source Book**

Dennis Coon & John O Mitterer (2007), *Introduction to Psychology- Gateways to mind and Behaviour ( 11<sup>th</sup> Ed)*, Thomson- Wadsworth.

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**B (II) Practical**

**Credit 2**

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1. Group Discussion on any burning topic.
2. Public Speech.

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**C) Major (Applied)**
**Total Credit 4**


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**C (I) Applied Psychology Part I**
**Credit 2**

1. Life style and Health
2. Enhancing Self-awareness
3. How to reduce Prejudices?
4. Attribution and Depression.

**Source Books:**

1. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.
2. Golwiker S, Abhyankar S & Khair T (2012), *Samajik Manasshastra*, Narendra Prakashan, Pune.

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**C (II) Practical**
**Credit 2**

1. Dummy Interview
2. Application Filling

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**PSYCHOLOGY**

**SYLLABUS FOR – B.A**

**With effective from 2015-2016**

**Semester – IV**

Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Fundamentals of Social Psychology	3	2	5	5	30	20	50
		b) Psychological Assessment	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Fundamentals of Behaviour Science	2	2	4	4	60	40	100
3.	C) Major (Applied)	Applied Psychology Part II	2	2	4	4	60	40	100
<b>Total (A+B+C)</b>			<b>10</b>	<b>8</b>	<b>18</b>	<b>18</b>	<b>180</b>	<b>120</b>	<b>300</b>

**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**  
**Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna**  
**PSYCHOLOGY**  
**Syllabus for B.A. IV semester ( with effect from 2015-2016)**

**A) Major (Core) Curriculum**

**I (a) Fundamentals of Social Psychology** **Credit 3**

**1. Interpersonal Attraction: Meeting, Liking and Becoming Acquainted: -**

- i. The beginning of attraction: Proximity and emotion
  - a. Interpersonal attraction
  - b. Power of proximity
  - c. Positive and negative emotion
- ii. Becoming acquainted
  - a. The need for affiliation
  - b. The effect of observable characters
  - c. Immediate determinants of interpersonal likes and dislikes
- iii. Moving towards friendship
  - a. Similarity
  - b. Similarity, Dissimilarity and both
  - c. Mutual liking

**2. Social influence: Changing other's Behaviour:**

- i. Conformity; Group influence in action
  - a. Asch's research on conformity
  - b. Factors affecting conformity
  - c. Bases of conformity
- ii. Compliance: To ask something is to receive
  - a. Compliance: Underlying principles
  - b. Tactics based on friendship
  - c. Tactics based on commitment of consistency
  - d. Tactics based on reciprocity

- iii. Extreme forms of social influence: Obedience
  - a. Destructive obedience
  - b. Intense indoctrination

### 3. Pro-social Behaviour: Helping others: -

- i. Responding to an emergency: Why are bystanders sometimes helpful, sometimes indifferent?
  - a. Why did not someone help?
  - b. Decision to help in emergency: Five essential stages
  - c. Situational factors that enhance or inhibit helping: attraction, attribution and pro-social model
  - d. Self interest, moral integrity and moral hypocrisy
- ii. The helpers and those who receive help
  - a. Helping as a function of bystander's emotional state
  - b. Dispositional differences in prosocial responding
  - c. Volunteering: Motivation for bystander's help
  - d. Who receives help, how do people help?
- iii. Explaining pro-social behaviour: Why do people help?
  - a. Empathy
  - b. Negative state of relief
  - c. Empathetic joy
  - d. Genetic determinism
  - e.

### 4.Groups and Individuals: The Consequences of belonging: -

- i. Group: What they are and how do they function
  - a. Roles
  - b. Status
  - c. Norms
  - d. Cohesiveness
- ii. How groups affect individual's performance: From social facilitation to social loafing
  - a. Social facilitation

- b. Social loafing
- iii. Co-ordination in groups: Cooperation or conflict
  - a. Cooperation
  - b. Conflict
  - c. Resolving conflict
  - d. Conflict among ethnic and cultural boundaries
- iv. Perceived fairness in groups
  - a. Judgment of fairness
  - b. Reaction to perceived unfairness
- v. Decision making by groups: How it occurs
  - a. Decision making process
  - b. Nature of group decision: Group think biased process tendency of group members to tell each other what they already learned

**I (b) Practical (any Four) Credit 2**

1. Formation of spontaneous group – Sociometry
2. Altruism Scale: S.N. Rai S. Singh.
3. Social facilitation
4. Self Concept Scale: Rastogi.
5. Measuring State Trait Anger: Spielberger, C. D.
6. Self confidence Inventory: - Rekkha Agnithotry
7. Parasparik Sambandh Prashnawali (Socio-metry test): -  
Guru Pyari Mathur

**Books for Readings: -**

1. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.
2. Baron, R. A. & Bryne, D. (2005). *Social Psychology*. (10<sup>th</sup> Ed) New Delhi: Prentice Hall of India.

3. Myers, D.G. (2006). *Social Psychology*. (8<sup>th</sup> ed) New Delhi: Tata McGraw-Hill.
4. Baron, R. A., Bryne, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.
5. Baron R, Branscombe, N.R. & Gopa Bharadwaj (2012), *Social Psychology* (12<sup>th</sup> Ed) New Delhi: Pearson Education.
6. Golwkar S, Abhyankar S & Khair T (2012), *Samajik Manasshastra*, Narendra Prakashan, Pune.
7. Sadhna Natu, Apana Vaidya & Manasee Rajhans (2012), *Samajik Manasshastra* (12<sup>th</sup> Ed).
8. Keshav Gadhekar & Mukund Inamdar (2007), *Pragat Samajik Manasshastra*, Dimond Publicaiton Pune.
9. Singh, A. K., *Saamaajik manovidnyaan* New Delhi: Motilal Banarasidas
10. Palsane, M.N.,& Talwalkar, V.(2000) *Samajik Manasashsastra* Pune: Continental Prakashan
11. Kool, V.K. & Agraval, R. (2006). *Applied Social Psychology*. New Delhi: Atlantic Publishers.

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**II (a) Psychological Assessment**

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**Credit 3****1. Measurement of Aptitudes**

- i. What is an aptitude?
- ii. Theoretical basis of Aptitudes
- iii. Structure of Intellect model
- iv. Hierarchical Theories
- v. Some important Aptitude tests
- vi. Multiple Aptitude batteries
- vii. Intelligence Testing:
  - a. Definitions and Theories
  - b. Individual & Group Intelligence Tests

**2. Frequency Distributions**

- i. Measurement in general
- ii. Need for grouping
- iii. Preparation of a frequency table
- iv. Graphic representations of the frequency distribution
  - a. Histogram,
  - b. Frequency Polygon
- v. Smoothing a polygon

**3. Measures Of Central Tendency**

- i) Mean
- ii) Computation of the mean
  - (a) The long method and
  - (b) The short or assumed mean method
- iii) Median and its computation
- iv) Mode
- v) Uses of various measures of central tendency

**4. Measures Of Variability**

8. Range
9. Quartile deviation
10. Average deviation

11. Standard deviation
12. Uses of the various measures of variability

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<b>II (b) Practical</b>	<b>(any Four)</b>	<b>Credit 2</b>
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1. Problem Solving
2. Measurement of intelligence – Standard progressive matrices
3. Social Intelligence
4. Test of Emotional Intelligence: - Anukool Hyde, Sanjyot Pethe & Upinder Dhar.
5. Emotional Maturity Scale: - Y. Singh & M. Bhargava.
6. Need Pattern Scale: - Seema Sanghi.
7. Deo-Mohan Achievement Motivation Scale (N-Ach) : - Prathiba Deo & Asha Mohan.

**Books for Readings:-**

1. Anastasi A (1997) Psychological Testing, New York: Mac Millan Co.
2. Cimnero, A.R. (1986) Hand book of Behavioural Assessment New York : John Wiley.
3. Freeman.Frank S (1971) Theory and Practice of Psychological Testing Oxford & IBH Publishing Co. New Delhi.
4. Dandekar, W.N. & Rajguru, M.S. --An Introduction to Psychological testing & statistics, Seth Publication
5. Lewis R. Aiken & Gary Groth-Marnat (2009), Psychological Testing and Assessment (12<sup>th</sup> Ed) New Delhi: Pearson Education.

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**B) Major (Supportive) Total credit 4**

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**B (I) Fundamentals of Behaviour Science Credit 2**

1. Stress Management
2. Suicide- Lives on the Brink
3. Assertiveness Training-Standing up for your rights.
4. Multiculturalism-Living with Diversity
5. Improving Communication at work.

**Source Book**

Dennis Coon & John O Mitterer (2007), *Introduction to Psychology- Gateways to mind and Behaviour ( 11<sup>th</sup> Ed)*, Thomson- Wadsworth.

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**B (II) Practical****Credit 2**

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1. Communication Skills
2. Observation Skills

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<b>C) Major (Applied)</b>	<b>Total Credit 4</b>
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<b>C (I) Applied Psychology Part II</b>	<b>Credit 2</b>
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1. Sociometry Technique
2. How to Enhance helping nature
3. How to handle Martial Problems
4. Ways of Effective Communication

**Source Book**

1. Baron, R. A., Brync, D., & Branscombe, N. R. (2007). *Social Psychology*. (11<sup>th</sup> Ed) New Delhi: Pearson Education.
2. Golwkar S, Abhyankar S & Khair T (2012), *Samajik Manasshastra*, Narendra Prakashan, Pune

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<b>C (II) Practical</b>	<b>Credit 2</b>
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|----|-----------|
| 1. | Symposium |
| 2. | Seminar   |

Paper	Paper Name and Code	Credit	L / week	C A	U A	Total
<b>Semester V</b>						
Core	Abnormal Psychology C-PSY-501.1	05	05	20	30	50
	Organizational Psychology C-PSY-501.2	05	05	20	30	50
Supportive Applied	Developing the Life Span S-PSY-501.1	04	04	40	60	100
	Counseling Psychology A-PSY-501.1	04	04	20	30	50
	Psychology of Stress A-PSY-501.2	04	04	20	30	50
Life skill Curriculum	A-JOC LSC-501	04	02	20	30	50
	B-VOC LSC502	04	02	20	30	50
<b>Total of Sem.-V</b>		<b>30</b>	<b>30</b>			<b>400</b>
Paper	Paper Name	Credit	L / week	C A	U A	Total
<b>Semester VI</b>						
Core	Psychopathology C-PSY-601.1	05	05	20	30	50
	Organizational Behavior C-PSY-601.2	05	05	20	30	50
Supportive Applied	Developmental Psychology S-PSY-601.1	04	04	40	60	100
	Counseling Process A-PSY-601.1	04	04	20	30	50
	Health Psychology A-PSY-601.2	04	04	20	30	50
Life skill Curriculum	A-JOC LSC-601	04	02	20	30	50
	B-VOC LSC-602	04	02	20	30	50
<b>Total of Sem.-VI</b>		<b>30</b>	<b>30</b>			<b>400</b>
<b>Total of Sem.- I to VI</b>		<b>180</b>	<b>180</b>			<b>3200</b>

SEMESTER -V									
Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Abnormal Psychology	3	2	5	5	30	20	50
		b) Organizational Psychology	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developing the Life Span	2	2	4	4	60	40	100
3.	C) Major (Applied)	a) Counseling Psychology	2	2	4	4	60	40	100
		b) Psychology of Stress	2	2	4	4	60	40	100
<b>Total (A+B+C)</b>			<b>12</b>	<b>10</b>	<b>22</b>	<b>22</b>	<b>240</b>	<b>160</b>	<b>400</b>
SEMESTER - VI									
Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Psychopathology	3	2	5	5	30	20	50
		b) Organizational Behaviour	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developmental Psychology	2	2	4	4	60	40	100
3.	C) Major (Applied)	a) Counseling Process	2	2	4	4	60	40	100
		b) Health Psychology	2	2	4	4	60	40	100
<b>Total (A+B+C)</b>			<b>12</b>	<b>10</b>	<b>22</b>	<b>22</b>	<b>240</b>	<b>160</b>	<b>400</b>

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**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.****Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna****PSYCHOLOGY****SYLLABUS FOR – B.A****With effective from 2015-2016****Semester – V**

Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Abnormal Psychology	3	2	5	5	30	20	50
		b) Organizational Psychology	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developing The Life Span	2	2	4	4	60	40	100
3.	C) Major (Applied)	I) Counseling Psychology	2	2	4	4	60	40	100
		II) Psychology of Stress	2	2	4	4	60	40	100
<b>Total (A+B+C)</b>			<b>12</b>	<b>10</b>	<b>22</b>	<b>22</b>	<b>240</b>	<b>160</b>	<b>400</b>

**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**  
**Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna**

**PSYCHOLOGY**

**Syllabus for B.A. V semester (with effect from 2015-2016)**

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**A) Major (Core) Curriculum**

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**A (a) ABNORMAL PSYCHOLOGY**

**Credit 3**

**1. Abnormal Behaviour in our times**

- (i) Popular Views of Abnormal Behaviour
- (ii) What do we mean by abnormal behaviour?
- (iii) Dilemmas of Definition
- (iv) Mental Disorders as Maladaptive behaviours
- (v) Classifying abnormal behaviour
- (vi) DSM classification of Mental Disorders
- (vii) The problem of Labeling – Unresolved issues on classification

**2 Causal Factors and Viewpoints in Abnormal Psychology**

- (i) What causes Abnormal Behaviour?
- (ii) Necessary, sufficient and contributory causes
- (iii) Feedback and Circularity in Abnormal Behaviour
- (iv) Diathesis – Stress models
- (v) Models or View points for Understanding Abnormal Behaviour
  - a. The Biological viewpoints - Biological causal factors
  - b. The Psychosocial viewpoints – Psychosocial causal factors
  - c. The Socio-cultural viewpoint –Socio-cultural causal factors.

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### 3 Panic, Anxiety and their Disorders

- (i) The Fear and Anxiety Response patterns
- (ii) Anxiety Disorders
  - Phobic Disorders
  - Specific Phobia
  - Social Phobia
- (iii) Panic Disorder Agoraphobia
- (iv) Obsessive – Compulsive Disorders
  - Treatment and outcomes.

Practical	(any Four)	Credit 2
1.	Anxiety Test – Sinha & Sinha	
2.	Maudsley Personality Inventory- H.J. Eysenck	
3.	State-Trait Anxiety Test (STAT)	
4.	Frustration test – Chavvan & Tiwari	
5.	PGI Health Questioner	
6.	Emotional Maturity	
7.	Locus of Control	

**Source Book:**

- 1) Irwin G. Sarason & Sarson Barbara R. (2008), Abnormal Psychology- The problem of Maladptive behaviour (11<sup>th</sup> ed.). Pearson Pub.
- 2) Carson Rober C. Butcher, James N. and ineke Susan (1996), Abnormal Psychology and Modern Life.new York: Harper Colins.
- 3) Mansi Rajhans, Angha Patil & Sushil Surve (2001), Abnormal Psychology.Unmesh Prakashan-Pune
- 4) Introduction to Psychopathology by Lamman.
- 5) Psychopathology by Buss A.H.

A) Major (Core) Curriculum	
<b>A (b) ORGANIZATIONAL BEHAVIOUR</b>	<b>Credit 3</b>
<ol style="list-style-type: none"> <li>1. <b>Organization Behaviour</b> -Definition of OB - Contribution of Taylor, Fayoll</li> </ol>	<b>Historical Context of</b>
<ol style="list-style-type: none"> <li>2. <b>understanding O.B</b> <ol style="list-style-type: none"> <li>(i)</li> <li>(ii) perspective</li> <li>(iii) approach</li> <li>(iv) model Responsive to ideation realities</li> </ol> </li> </ol>	<b>Perspectives for</b>  Open System approach Human Relations  Socio-technical  Developing an O.B.

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<p><b>3. organization</b></p> <p>(i) Characteristics</p> <p>(ii)</p> <p>(iii) Measurement concept of skill</p> <p>(iv)</p> <p>(v) attributes affecting O. B.</p> <p>(vi) and job</p> <p>(vii)</p>	<p><b>Person in the</b></p> <p>Biographical</p> <p>Personality Definitions and</p> <p>Self awareness</p> <p>Major personality</p> <p>Matching personality</p> <p>Personality and culture</p>
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<b>Practical (any Four)</b>	<b>Credit 2</b>
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1. Vocational Interest record: -S. P. Kulshrestha
2. Leadership Questionnaire
3. Occupational Stress Inventory
4. Job Satisfaction
5. Achievement Motivation
6. Type A/ B Behaviour Pattern Scale

**Books for Readings**

1. Robins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India.
2. Peters (1994), Compleitive advantage through people, Unlashing the power of workforce- Baston Havard Business School Brass
3. Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour Care with jai press

<b>B) Major (Supportive)</b>	<b>Total Credit 4</b>
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<b>B DEVELOPING THE LIFE SPAN</b>	<b>Credit 2</b>
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**1. The study of Life Span**

- (i) History background of life span studies.
- (ii) Scope of Life Span
- (iii) Objectives of life Span development
- (iv) Important concept in life Span development

**2. The start of life Span**

- (i) Role of Heredity
- (ii) Important of Pregnancy
- (iii) The interaction of Heredity and environment

**3. Prenatal Development**

- (i) What happens in prenatal stage?
- (ii) Threats during the growth of fetus
- (iii) Birth and their types

<b>Practical</b>	<b>Credit 2</b>
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Observing behaviour of Children's in different life stages from the point of view Piaget (at list 3 Cases)

**Source Book**

- Berk Laura E (2004),  
Deveoment through the Life-Span, 3<sup>rd</sup> ed., N.D. Pearson
- Feldman R.S. (2009),  
Discovering the Life-Span, London, Person
- Carol K. Sigelman &  
Elizabeth Rider (2003), Human Development , Cengage Learning
- Dr. R.R. Borude,  
Medha Kumthekar & Shila Golvikar (2013), Vaikasik Manasshastra-Pune  
Vidhyarthi Gurhu Prakashan, Pune

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<b>C) Major (Applied)</b>	<b>Total Credit 4</b>
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<b>C (a) COUNSELING PSYCHOLOGY</b>	<b>Credit 2</b>
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1. *Definition of Counseling*
2. *Differences between guidance and Counseling*
3. *Personal Counseling*
4. *Interpersonal Counseling*
5. *Family Counseling*
6. *Educational Counseling*
7. *Vocational Counseling*

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<b>Practical</b>	<b>Credit 2</b>
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- Counseling report on  
following selective problems ( at least Two Problems)
  - (i) Lack of Motivation
  - (ii) Educational failure:  
who is responsible?
  - (iii) Hyperactive Children
  - (iv) Lack of Concentration

**Source Books:**

- \* Samuel T. Gladding (2009), Counseling (6<sup>th</sup> ed.) Pearson
- Chandrashekar Deshpande (2010), Samupdeshan-Shastiriya Prakriya va Upayyoujan, Unmesh Prakashan, Pune.

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C) Major (Applied)	Total Credit 4
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<b>C (b) PSYCHOLOGY OF STRESS</b>	<b>Credit 2</b>
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**1) WHAT IS STRESS?**

- i) Stress and Burnout
- ii) Response based model of stress
- iii) Stimulus based model of stress
- iv) An interactive model of stress
- v) The psychodynamic approach
- vi) Stress tolerance limit
- vii) Burnout

**2) LIFE EVENTS STRESS**

- i) The concept of life stress
- ii) Variance in life stress
- iii) Life stress and psychosis
- iv) Life stress and hysteria
- v) Life stress and certain disorders
  - (a) Cancer
  - (b) Peptic ulcer
  - (c) Irritable bowel syndrome
  - (d) Diabetes
  - (e) Bronchial asthma

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**Seminar**

**Credit 2**

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**1. Seminar on following Behavior techniques for Managing stress**

- (i) Relaxation Training
- (ii) Cognitive Behavioral Therapy
- (iii) Emotional Disclosure

**Books for reading: -**

- 1. Pestonjee, D.M. (1999). Stress and Coping. (2<sup>nd</sup>) New Delhi: Sage publication.
- 2. Lazarus. Psychology of stress and health.
- 3. Cartwright, S and Cooper, C. L. (1997): Managing workplace stress, New Delhi: Sage
- 4. Linda Brannon & Jess Feist (2007), Introduction to Health Psychology. Thomson Wadsworth
- 5. Dr. Anga Patil (2011), Manage Your Stress. Parchure Prakashan Mumbai.

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**PSYCHOLOGY**

**SYLLABUS FOR – B.A**

**With effective from 2015-2016**

**Semester – VI**

Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Psychopathology	3	2	5	5	30	20	50
		b) Organizational Behaviour	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developmental Psychology	2	2	4	4	60	40	100
3.	C) Major (Applied)	a) Counseling Process	2	2	4	4	60	40	100
		b) Health Psychology	2	2	4	4	60	40	100
<b>Total (A+B+C)</b>			<b>12</b>	<b>10</b>	<b>22</b>	<b>22</b>	<b>240</b>	<b>160</b>	<b>400</b>

**Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**  
**Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna**

**PSYCHOLOGY**

**Syllabus for B.A. VI semester (with effect from 2013-2014)**

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**A) Major (Core) Curriculum**

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**A (a) PSYCHOPATHOLOGY**

**Credit 3**

**1. Somatoform and Dissociative Disorders**

(i) Somatoform Disorder

- Hypochondriasis
- Somatization Disorder
- Panic Disorder
- Conversion Disorder
- Body Dysmorphic Disorder

(ii) Dissociative Disorders

- Depersonalization Disorder
- Dissociative Amnesia and Fugue
- Dissociative Identity Disorder (DID)

**Causal Factors in Somatoform and Dissociative Disorders**

**Treatment and Outcomes**

**2. Mood Disorders**

**What are Mood disorders?**

(i) Unipolar mood disorders

- Depressions That Are Not Mood Disorders
- Dysthymic Disorder
- Major Depressive Disorder

**Causal Factors in Unipolar mood Disorders**

- Biological Causal factors
- Psychosocial Causal factors

**(ii) Bipolar Disorders**

- (i) Cyclothymic Disorders
- (ii) Bipolar Disorders ( I and II)

**Causal Factors in Bipolar Disorder**

- (i) Biological Causal factors
- (ii) Psychosocial Causal factors

**Treatments and Outcomes**

**3. Schizophrenia and Other Psychotic Disorders**

**(i) Schizophrenia**

- The clinical Picture in Schizophrenia
  - (i) Delusions
  - (ii) Hallucinations
  - (iii) Disorganized Speech
  - (iv) Disorganized and Catatonic Behaviour
  - (v) Negative Symptoms

(ii) Subtypes of Schizophrenia

(i) Paranoid Type

(ii) Disorganized Type

(iii) Catatonic Type

(iv) Undifferentiated Type

(v) Residual Type

(vi) Other Psychotic Disorders

**Causal Factors in Schizophrenia**

- Biological Factors in Schizophrenia

- Psychosocial and Cultural Aspects

**Treatment and Clinical Outcome**

**I (a) Practical (any Four) Credit 2**

1. Beck's Depression Inventory

2. 8SQ

3. State and Trait Anxiety- C.G. Deshpande

4. Neuroticism Scale Questionnaire (NSQ) - Scheier & Cattell

5. Suicidal Ideation Scale

6. Mental Health

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**Books for Readings: -**

- 1) Irwin G. Sarason & Sarson Barbara R. (2008), Abnormal Psychology- The problem of Maladptive behaviour (11<sup>th</sup> ed.). Pearson Pub.
- 2) Carson Rober C. Butcher, James N. and ineke Susan (1996), Abnormal Psychology and Modern Life.new York: Harper Colins.
- 3) Mansi Rajhans, Angha Patil & Sushil Surve (2001), Abnormal Psychology.Unmesh Prakashan-Pune
- 4) Introduction to Psychopathology by Lamman.
- 5) Psychopathology by Buss A.H.

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**A) Major (Core) Curriculum**

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**A (b) ORGANIZATIONAL BEHAVIOUR**

**Credit 3**

**1. The individual in the organization:**

- Concept of Motivation
- Early theories of motivation,
- Need hierarchy theory,
- Two factor theories,
- Skill involved in motivating workers, MBO Behaviour modification
- Employee involvement programs

**2. The group and organization:**

- Nature, types and stages of group development
- Conditions affecting group functioning
- Organizational structure,
- Authority systems,
- Personnel selections, performance evaluation and reward systems,
- Organizational culture and physical setting,
- Skills involved in managing groups.

**3. Communication in organizations:**

- Communication model,
- Barriers and sources of distortions
- Directions and network of communications
- Communications and decision making,
- Cross-cultural communications,
- Skill involved in communicating

<b>Practical</b>	<b>(any Four)</b>	<b>Credit 2</b>
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1. Study of Values
2. Formation of spontaneous group – Sociometry
3. Social Distance Scale
4. Social acceptability among peers (TSAAP) – Chòpra, S.L.
5. Social competence scale (SCS) – Sharma, V. P., Shukla, P., & Shukla, K
6. Altruism Scale: - S. N. rai S. Singh

**Books for Readings:-**

1. Robins S.P. (2000)  
Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India.
2. Peters (1994),  
Compleitive advantage through people, Unlashing the power of workforce-  
Baston Havard Business School Brass
3. Cumming L.L. and  
Staw B.M. (1999) Research in Organizational Behaviour Care with jai press

<b>B) Major (Supportive)</b>	<b>Total credit 4</b>
<b>B- DEVELOPMENTAL PSYCHOLOGY</b>	<b>Credit 2</b>
<ol style="list-style-type: none"> <li>1. Neonatal Stage - Neonatal Stage - neonatal Stage</li> <li>2. <b>Infancy</b> - Development - infant - infant - infant - of infant - of infant</li> <li>3. <b>Pre childhood</b> - childhood - childhood - of Pre childhood - during Pre childhood - aggression</li> </ol>	<p>Neonatal Stage Adjustment during Characteristics of</p> <p>Meaning of Growth and Physical Growth of Motor development of Sensory development of Cognitive development Language development</p> <p>Physical Growth of Pre Motor Growth of Pre Cognitive development Social environment Moral development &amp;</p>

**B (II) Practical****Credit 2**

1. The student should write report of his/her observation on following Pre-childhood development

- childhood Motor Growth of Pre
- of Pre childhood Cognitive development
- aggression Moral development &

**Source Book**

- Berk Laura E (2004),  
Deveoment through the Life-Span, 3<sup>rd</sup> ed., N.D. Pearson
- Dr. R.R. Borude, Medha  
Kumthekar & Shila Golvikar (2013), Vaikasik Manasshastra-Pune Vidhyarthi Gurhu  
Prakashan, Pune
- Carol K. Sigelman &  
Elizabeth Rider (2003), Human Development , Cengage Learning

**C) Major (Applied)****Total Credit 4****C (a) COUNSELING PROCESS****Credit 2**

1. Counseling Process
2. Counseling process as tools of Personality development
3. Rapport between Counselor and Counselee
4. Objectives of Counseling
5. Direct Counseling Process
6. Important factors in Counseling process
7. Counseling self
8. Ethics in Counseling process

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**Practical**

**Credit 2**

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1. Counseling report on following selective problems ( at least Two Problems)
- (i) Inferiority complex
  - (ii) Marital Maladjustment
  - (iii) H.I.V.
  - (iv) Conflict between Husband & Wife

<b>C Major (Applied)</b>	<b>Total Credit 4</b>
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**C (b) HEALTH PSYCHOLOGY**

**Credit 2**

**1.**

(i)

Does Not?

**Smoking Tobacco  
Choosing to Smoke  
Who Smokes and who**

(ii)

of Tobacco Use

**Why Do people smoke?  
Health consequences**

Smoking

**Cigarette Smoking  
Cigar and Pipe**

(iii) **Interventions for reducing Smoking Rates**

Does Not?

**Who Quits and Who  
Relapse Prevention**

**2. Using alcohol**

(i) **The nature of Alcohol**

Levels of Alcohol

Benefits of Alcohol

(ii) **Why do people Drink?**

- Disease Model

- Cognitive-Physiological Theories

- Behavioral learning Model

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**(iii) Changing Pattern of Drinking**

- Changing Alcohol Therapy

- Alcoholism Oriented Toward

- Alcoholism

- Alcoholism

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**Practical**

**Credit 2**

1. Following

Postal Presentation on

Smoking Tobacco  
Using alcohol

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